



Issue 10 JULY 2005

GATEWAY EVENTS

FREE Adur Gateway Networking Event

Tues 26th July 2005, 19:30 Start, Amsterdam Pub, Shoreham-by-Sea

ACCESS TO FINANCE

A networking evening **NOT TO BE MISSED!** Find out how you can gain access to finance through various sources in just 30 minutes!

An insight into how factoring works and its benefits, presented by Ian Wedge, Director of Arbutnot Commercial Finance Ltd. Keir Dellar, Business Development Manager at Capitalise Business Support will talk about how Capitalise provides loans for start-up and existing businesses that have had their loan applications turned down by the bank. Last but not least, a short talk from HSBC Bank about The Small Firms Loan Guarantee Scheme where the Government guarantees your loan.

As usual the evening will be accompanied by wine and finger buffet and you will also have a chance to network with other members of the Gateway and speak with the presenters.

To book a place email Jaymini.Rathod@sussexenterprise.co.uk and feel free to bring along business cards and any promotional material.

Business Ladies that Lunch

Wed 17th August 2005, La Galleria Restaurant, Shoreham-by-Sea

The Business Ladies that Lunch network has taken off at a great speed! If you haven't been to one yet come along, see what its all about and network with other business women over lunch! What a fabulous way to network! This month we have two speakers from a Shoreham based business, The Real Flying Company.

Lunch will be held at the magnificent Italian La Galleria restaurant, Shoreham at 12:30. Guests will be greeted with a glass of wine (or soft drink) on arrival, followed by a two-course meal and an opportunity to network throughout.

Guest speakers, Kathy Chapman & Lisa Westwood from The Real Flying Company, which teaches people how to fly in vintage, bi-planes amongst other activities will talk about what inspired them to start their business and the problems they had to overcome.

The cost of lunch will be £10 including a complimentary drink. Please confirm attendance via email Jaymini.Rathod@sussexenterprise.co.uk

ADUR Social Summer Networking Barbeque

Tues 23rd August 2005, 19:30 Start, The Bridge Pub, Shoreham-by-Sea, £7.50

Summer is here and we all love a barbeque in the sun, don't we?! And what a fantastic opportunity to enjoy the sun; eat delicious food and network with other business people. As usual wine and a selection of food dishes is all included in this excellent price of just £7.50!

Everyone will be catered for just as long as you let us know of any dietary requirements! Just a few dishes, which you could enjoy, include salads, steaks, vegetarian kebabs and lots more! This networking evening will be hosted in the beautiful surroundings of The Bridge Pub's garden!

We ask for a minimal payment of £7.50 which is payable on the day however booking is **ESSENTIAL!** Please

feel free to bring along friends, partners, business colleagues and any promotional material. And for those businesses that are in the retail sector please do bring along anything, which you would like to sell. Whether it is food, jewellery or anything of a similar nature.

We very much look forward to hearing from you! Please confirm attendance via email
Jaymini.Rathod@sussexenterprise.co.uk

EXTERNAL EVENTS

TRAINING FOR PROFIT

THE ENTERPRISE AGENCY - BRIGHTON, HOVE & LEWES

**METRO Business Start-up Training Course
Starts Tues 2nd Aug 2005, Brighton, £120**

METRO involves over 35 hours of training and planning advice completed over 13 weeks. The course is designed to help you organise and write your business plan. ½ day workshops are spaced throughout the programme giving you an opportunity for questions and answers. These will help you complete your business plan and the NVQ Level 3.

Early booking is recommended, to book a place or for more information please call The Enterprise Agency on **01273 666800**

THE ENTERPRISE AGENCY - BRIGHTON, HOVE & LEWES

**Introduction to Starting a Business
Fri 22nd July 05 & Thurs 11th Aug 05,
Brighton, FREE**

A 1 and ½ hour training workshop covering the points you need to start thinking about, when starting a business, followed by a question and answer session. The workshop is designed for people with little or no knowledge of the subject.

To book a place please call The Enterprise Agency on **01273 666800**

THE ENTERPRISE CENTRE

Business Start-Up Workshops & Business Success Seminars

Business Start-Up Workshops provide guidance on the implications of starting a business & being self-employed. They assist people who are preparing to start a business, or who have been running their business for up to 12 month. They also offer a great networking opportunity. For more information and to book a place please visit **Business Start-Up Workshops**

Business Success Seminars are designed to help you become even more effective in specific areas of your business, these seminars will help you focus on topics such as book-keeping, copywriting, marketing, advertising and many more. To see a full list of seminar topics, dates and times please visit **Business Success Seminars**

POSITIVE COMEDY

**Training For Trainers Workshop
Mon 12th Sept 05, 09:30 – 16:30,
Brighton**

A one-day interactive workshop with Positive Comedy Learning. Learn how to add freshness and originality to your learning and development; bring more of your own individuality and creativity to your training activities and much more!

For more information and how to book please click **Training For Trainers**

UNIVERSITY OF BRIGHTON BUSINESS SCHOOL

**Routes to Social Enterprise
To be offered Sept 05 – Jan 06**

Limited **FREE** places are available to study for a Graduate Certificate in Social Enterprise that will help you start a social or community enterprise.

Only available for Brighton and Hove based businesses. For more information and how to apply please visit **Brighton & Hove Business Community Partnership**

IFAST LTD & EMERGENCY AID

Combined FIRE & FIRST AID Training Day

IFAST Ltd and ABC Emergency Aid are pleased to announce a training day where fire and first aid training will be available... on the same day! Pick and choose to do either both courses or just one... it's your choice!

[Click Here](#) to view more details on prices, venues and the courses.

MEETING NEW CUSTOMERS

<p style="text-align: center;"><u>TALKING WOMEN</u> Montezuma's Chocolate Experience Launch Wed 20th July 05, 12:00 – 14:30, Chichester, £17.50</p> <p>Chanterelle Restaurant is warm and relaxing in which to savour the good food together with some fine wines from around the world!</p> <p>For more information and to book a place please Click Here</p>	<p style="text-align: center;"><u>WOMEN IN BUSINESS</u> A Trip to France! Thurs 4th Aug 05, £45 - £55</p> <p>This is a 1-day event with lunch at a Chateau. Book a place please email wib@pendletonevents.co.uk</p> <p>Bookings taken on a first come first served basis so book quick! An unmissable event! For more information please Click Here</p>
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WOMEN IN MOTION
How to be a Motivational Goddess
Wed 10th Aug 05, 12:15, Worthing, £14 - £18

Jo Clayton of Free Me Brighton is without doubt one of the most motivating and inspiring speakers in Sussex today, so why not join Women In Motion as Jo takes you through an amazing presentation designed to bring out the Motivational Goddess in you!

For more information and to book please [Click Here](#)

REDUCING COSTS FOR YOUR BUSINESS

THE ENTERPRISE AGENCY - BRIGHTON, HOVE & LEWES
Starting & Developing a Business
Thurs 28th July 2005, 09:30 – 16:30, Brighton, £30

This interactive 1 day training workshop will ensure that you lay down strong foundations to establish, develop and grow your own business. Bunty Dann, a Marketing Specialist and Business Start-up Advisor, will ensure that you are armed with comprehensive knowledge and understanding of what this entails and what your next steps need to be. Subjects to be covered include: Market Research, Managing your Money, Intro to Tax/NI/VAT, Business Planning, SWOT Analysis and much more.

The price includes:

- FREE No-Nonsense Guide to Government Rules & Regulations for setting up your Business and
- FREE workbook with interactive exercises.

To book a place please call The Enterprise Agency on **01273 666800**

<p style="text-align: center;"><u>MILENTOS</u> SUMMER EXPERIENCE 8th – 19th Aug 05, Worthing, £5</p> <p>Daily sessions especially designed for a parent along with their child(ren). The fun activities are designed to help boost confidence. Different activities each day and you can come to as many sessions as you like... only £5 per session.</p> <p>For more information visit Milentos Website</p>	<p style="text-align: center;"><u>WOMEN IN MEDIA</u> Improve Your Press Relations Workshop Thurs 28th July 05, 15:00 – 17:30, Brighton</p> <p>Raising your professional profile can be a time consuming and frustrating process. Especially if your resources are limited. This workshop will offer practical advice and an insiders view on what makes a good press story and how to use the trade and local press to best promote your business offering without breaking the bank.</p> <p>Click Here for more information & to book a place.</p>
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Please visit the **Adur Gateway Website** for more information on these events and many more. If you would like to talk to someone about your business please contact Christine Eccleston, Gateway Director on 01273 464867 or **Christine.Eccleston@sussexenterprise.co.uk**

"Here to help you turn your idea into a business!"